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*Name:* \_\_\_\_\_

*Date:* \_\_\_\_\_

**What doctor do you see for the following?**

Colonoscopy/ GI Doctor: \_\_\_\_\_ Last Exam: \_\_\_\_\_

Eye Doctor: \_\_\_\_\_ Last Exam: \_\_\_\_\_

GYN (females) Doctor: \_\_\_\_\_ Last Exam: \_\_\_\_\_

Heart Doctor: \_\_\_\_\_ Last Exam: \_\_\_\_\_

Lungs Doctor: \_\_\_\_\_ Last Appt: \_\_\_\_\_

Neurology Doctor: \_\_\_\_\_ Last Appt: \_\_\_\_\_

Urology Doctor: \_\_\_\_\_ Last Appt: \_\_\_\_\_

Any other doctors that you see: \_\_\_\_\_

**Have you had any of the following tests done? If yes, when & where**

DEXA/Bone Scan-      Yes    No    When: \_\_\_\_\_    Where: \_\_\_\_\_

Mammogram            Yes    No    When: \_\_\_\_\_    Where: \_\_\_\_\_

Stress Test            Yes    No    When: \_\_\_\_\_    Where: \_\_\_\_\_

**Have you had any of the vaccines? If yes, when & where**

Pneumonia            Yes    No    When: \_\_\_\_\_

Tetanus                Yes    No    When: \_\_\_\_\_

Zostavax / Shingles    Yes    No    When: \_\_\_\_\_

Flu Shot                Yes    No    When: \_\_\_\_\_

## Generic Health Questionnaire

Patients Name: \_\_\_\_\_

Date: \_\_\_\_\_

Instructions: Please circle answers.

1. General Health: In general, would you say your health is

Excellent      Very Good      Good      Fair      Poor

How much bodily pain you had during the past 4 weeks?

None   Very Mild      Mild   Moderate   Severe   Very Severe

2. Activities of Daily Living: Are you Independent (I) (can do by myself), require assistance (A) (need help from another person), or dependent (D) (cannot do at all) with each of the following tasks?

Walking	I	A	D		Using Telephone	I	A	D
Dressing	I	A	D		Shopping	I	A	D
Bathing	I	A	D		Preparing Meals	I	A	D
Eating	I	A	D		Housework	I	A	D
Toileting	I	A	D		Taking Medicines	I	A	D
Driving	I	A	D		Managing Finances	I	A	D

3. Geriatric Review of the Systems:

- a. Do you have difficulty driving, watching TV,  
or reading because of poor eyesight? ..... Yes      No
- b. Can you hear normal conversation voice? ..... Yes      No  
Do you use hearing aids? ..... Yes      No
- c. Do you have problems with memory? ..... Yes      No
- d. Do often feel sad or depressed? ..... Yes      No
- e. Have you unintentionally lost weight in 6 months? ..... Yes      No
- f. Do you have trouble with control of bladder? ..... Yes      No  
Do you have trouble with control of bowels? ..... Yes      No
- g. How many falls have you had in the last year? \_\_\_\_\_
- h. Do you drink alcohol? ..... Yes      No  
If yes, how many drinks per week? \_\_\_\_\_

4. Do you live with anyone? ..... Yes No

If yes, Who? Spouse Child Other Relative Friend

Who would help you in an emergency? \_\_\_\_\_

Who would help you with health care decisions if you were not able to communicate your wishes? \_\_\_\_\_

5. How many medications do you take, including prescribed, over the counter, and vitamins? \_\_\_\_\_

What is your system for taking your medicines?

Pill Box List/chart Family help None

6. Are you sexually active? ..... Yes No

7. Has anyone intentionally tried to harm you? ..... Yes No

8. Have you had a shot to prevent pneumonia? ..... Yes No

9. Please draw the face of the clock with all the numbers and the hands set to indicate 10 minutes after 11 o'clock.

Memory: 3 items recall after 1 minutes (banana, sunrise, chair) #recalled \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Reviewing Physician: \_\_\_\_\_

Date: \_\_\_\_\_

## Patient Health Questionnaire

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Over last 2 weeks, how often have you been bothered by any of the following problems?

(Circle your answers)

	Not at all	1-2 days per week	3-5 days per week	6-7 days per week
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed or hopeless	0	1	2	3
3. Trouble falling asleep or staying asleep or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself-or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading newspaper or watching TV	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed. Or the opposite being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead, or hurting yourself in some way	0	1	2	3

Add Columns:

+

+

Total:

<p>If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with people?</p>	<p>Not Difficult at all _____</p> <p>Somewhat difficult _____</p> <p>Very difficult _____</p> <p>Extremely difficult _____</p>
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